



虚血性僧帽弁閉鎖不全に対する外科治療戦略



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第60回関西胸部外科学会学術集会 教育講演EL6-2 2017.6.23. 大阪

虚血性 MR : 本日の話題

1. Moderate MR: CABG + MAP ?
2. Severe MR: MAP or MVR
3. PMA (papillary muscle approximation) 有効 ?
4. MAP + 左室形成
5. 重症例、重症化したらどうする ?

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欧米のガイドラインにみる機能性僧帽弁逆流 (Secondary MR)の手術適応

ESC 2012

AHA/ACC 2014

(クラス I: 手術すべき)

- CABGに合併したEF>30%の重症Secondary MRに対する僧帽弁手術

(クラス IIa: 手術が妥当)

- CABGに合併したEF<30%だがviabilityのある重症Secondary MRに対する僧帽弁手術
- CABGに合併した**中等度Secondary MR**に対する僧帽弁手術

(クラス IIb: 手術を考慮してもよい)

- CABGを行なわないEF>30%の重症Secondary MRに対する僧帽弁手術(最大限の内科治療でも有症状の場合)

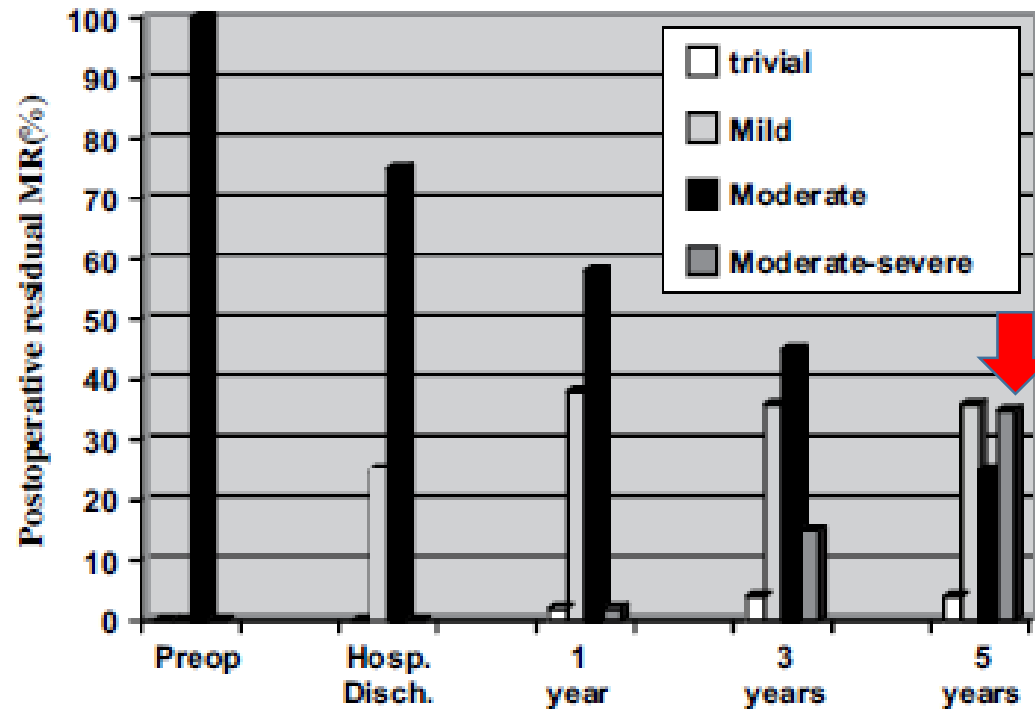
- 他の心臓手術 (AVR/CABG)に合併した重症Secondary MRに対する僧帽弁手術

- 他の心臓手術に合併した**中等度Secondary MR**に対する僧帽弁形成術
- 有症状(NYHA III/IV)の重症Secondary MRに対する僧帽弁手術

CABG症例で中等度MRに Restrictive mitral annuloplasty (RMAP)を追加すべきか？(エビデンス:RCT 1)

平均EF: 43%, Dd: 58mmの中等度ICM-MRの患者102人を無作為に単独CABGまたはCABG+僧帽弁形成術(RMA)に振り分けたRCT

(術後平均観察期間：32±18ヶ月)



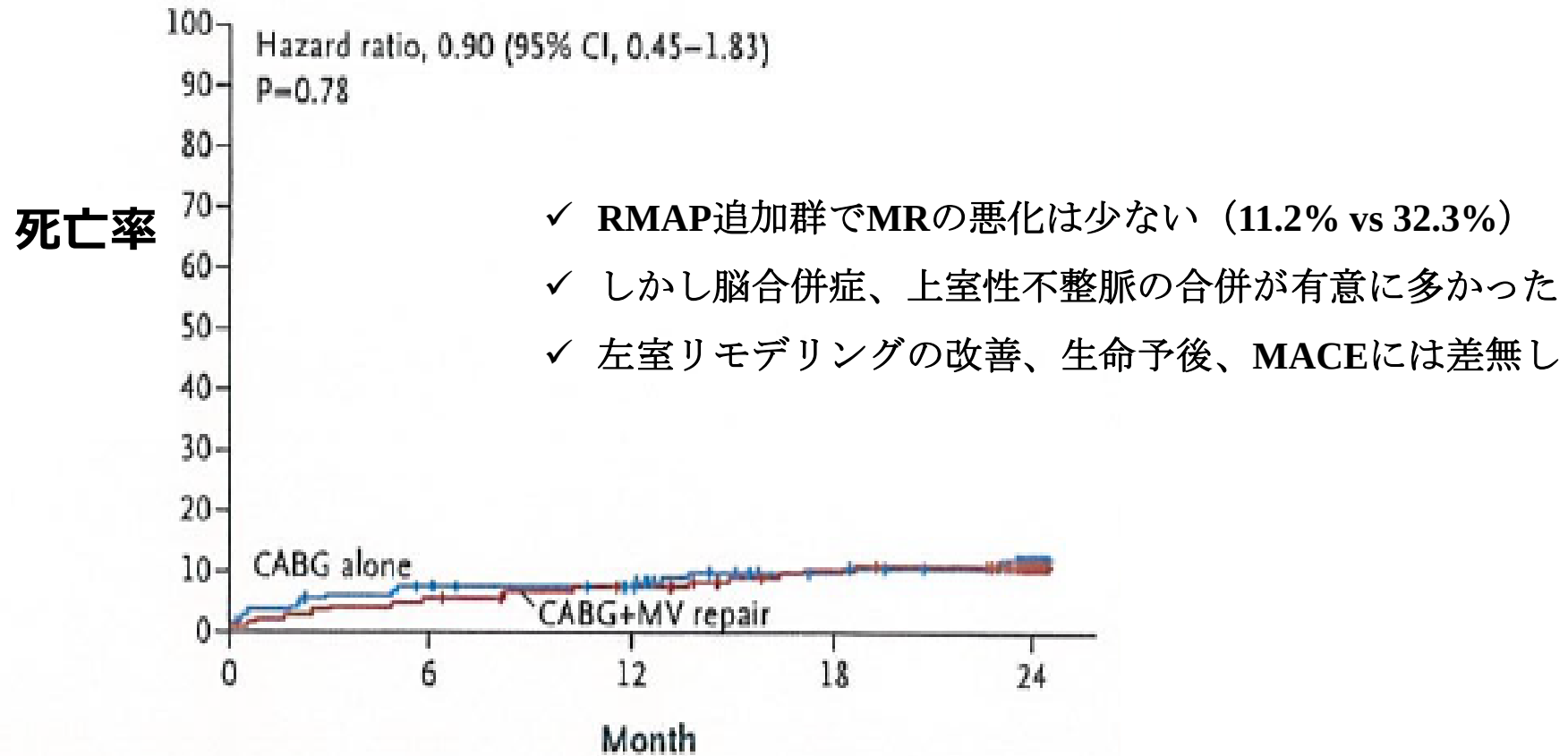
中等度MRに対する単独CABGの効果

- ✓ RMAP追加群でのみMR、左室リモデリング、肺高血圧の改善を認め、心不全症状及び運動耐容能の改善はRMA追加群でより顕著であった
- ✓ 生命予後の差無し

(Fattouch K, et al. JTCVS 2009)

CABG症例で中等度MRに Restrictive mitral annuloplasty (RMAP)を追加すべきか？ (エビデンス:RCT 2)

平均EF: 40%, LVESVI（左室収縮末期容積係数）：55-60 ml/m² の中等度ICM-MRの患者301人を無作為に単独CABGまたはCABG+RMAPに振り分けた RCT

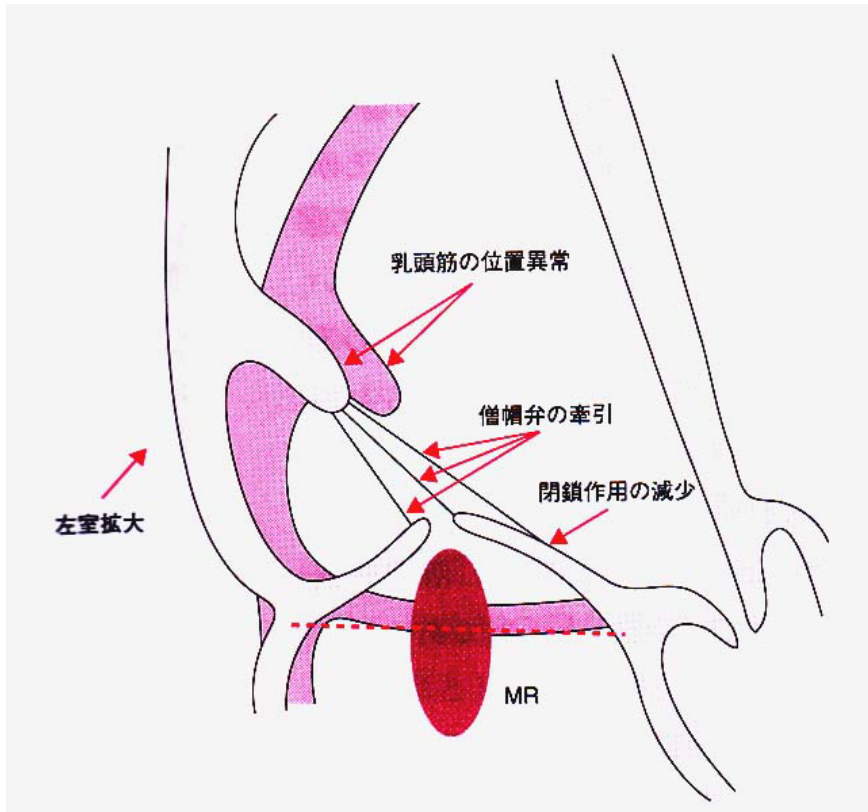


No. at Risk

CABG alone	151	138	132	117	66
CABG+MV repair	150	142	136	126	80

(Michler RE, et al. NEJM 2016)

Mechanism of functional MR



左室機能低下
左室の形態変化
弁輪拡大
乳頭筋の変移

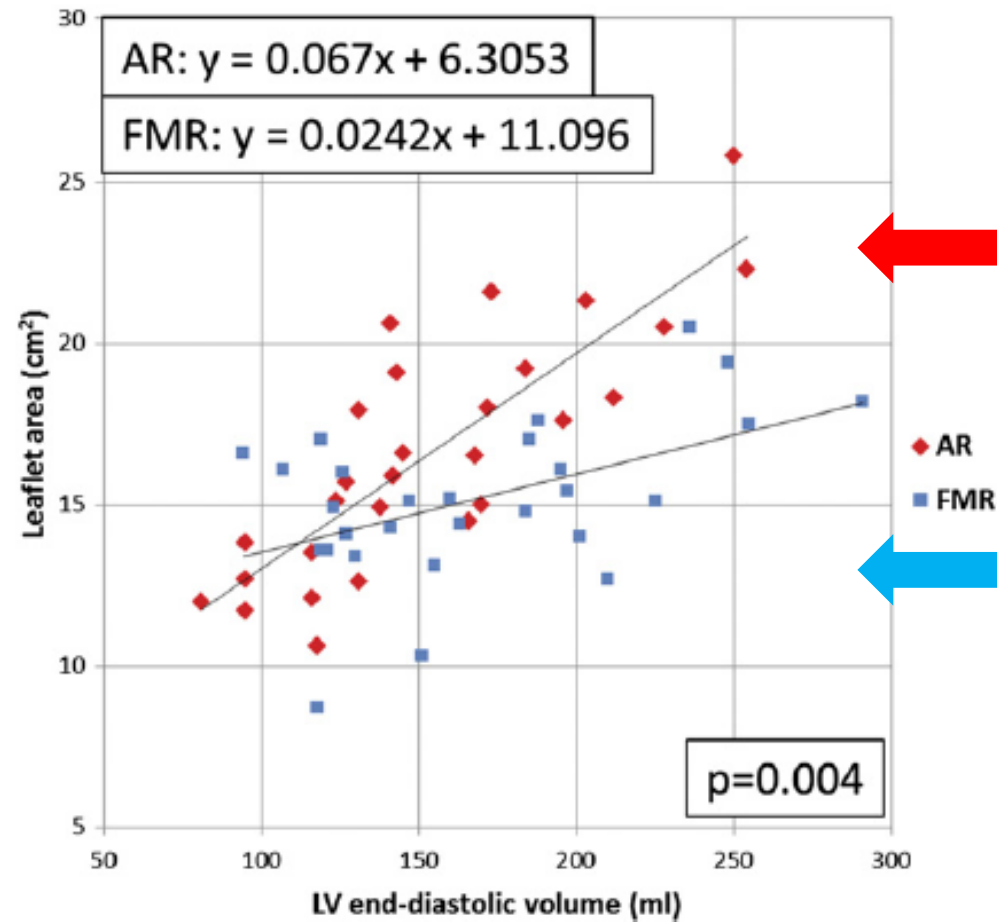


僧帽弁複合体の構造変化
弁尖の異常牽引
: Tethering

Otsuji Y and Levine RA, et al. Circulation 1997

疑問? : 全てのDCMにMRが合併するわけではない
心拡大を伴ったARに重症MRが合併することは希

Mitral valve enlargement : adaptive remodeling of MV leaflet



ARでは左室の拡大に伴って僧帽弁面積が代償性に大きくなる

FMR (ischemic and non-ischemic)ではその代償性メカニズムが十分ではない

Figure 4

Relationship Between Total Leaflet Area and Left Ventricular Volume in Aortic Regurgitation and Patients With Functional Mitral Regurgitation

(Beaudoin J and Levine RA JACC, 2013)

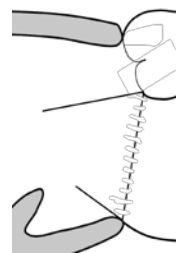
Moderate MR: CABG + MAP ? : Estimated Coaptation Length

対象：機能性MR (mild-mod) を伴う虚血性心筋症（大阪大学）

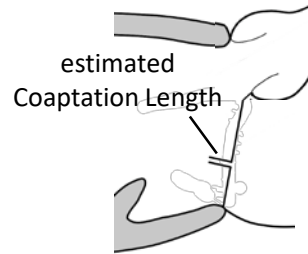
単独CABG $\begin{cases} \text{機能性MR 改善 (n=32)} \\ \text{機能性MR 不変 (n=34)} \end{cases}$

estimated Coaptation Length

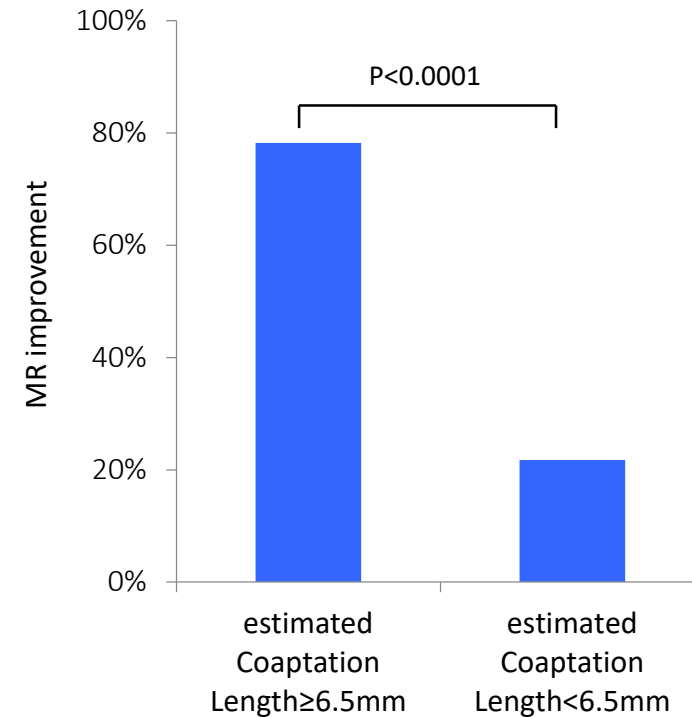
$$= \frac{\text{前尖} + \text{後尖} - \text{弁輪径}}{2}$$



拡張期

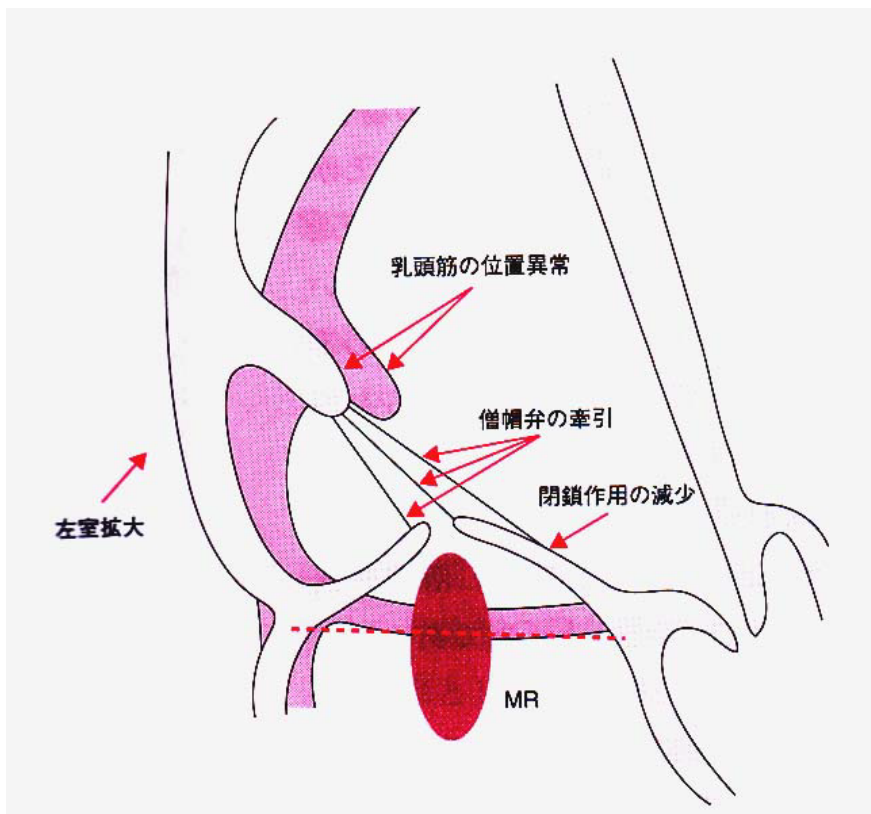


収縮期



(Yoshida, et al. Circ J 2017)

Mechanism of ischemic MR



Otsuji Y and Levine RA, et al. Circulation 1997

左室機能低下
左室の形態変化
弁輪拡大
乳頭筋の変移



僧帽弁複合体の構造変化
弁尖の異常牽引
: Tethering



相対的な弁の大きさ
Leaflet adaptive remodeling

Myocardial Infarction Alters Adaptation of the Tethered Mitral Valve

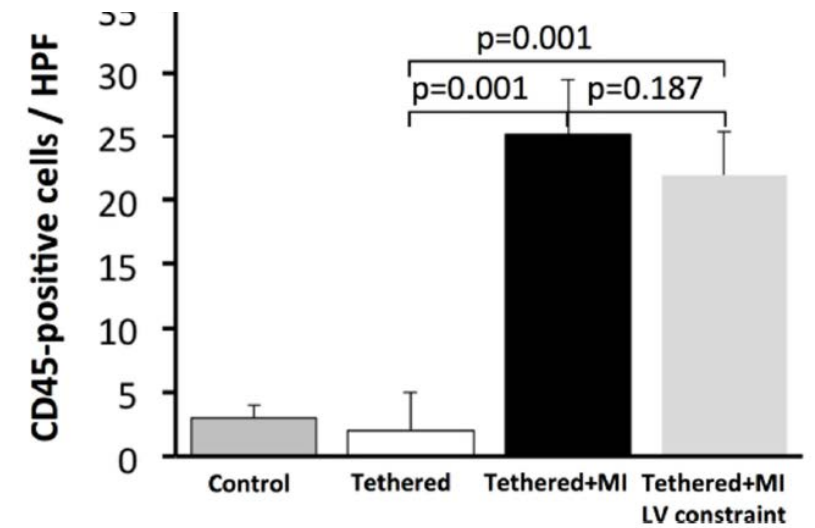
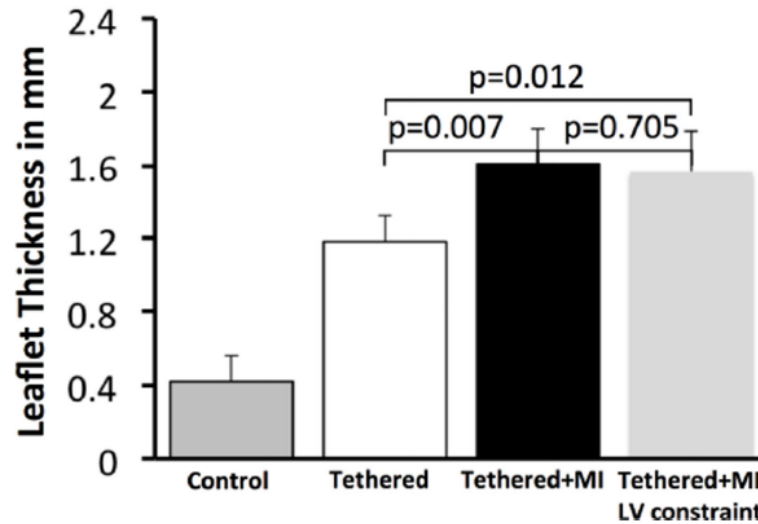
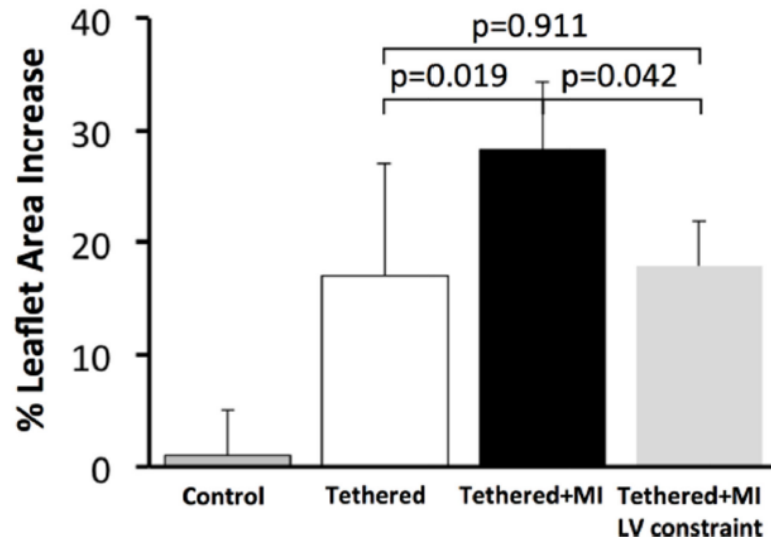
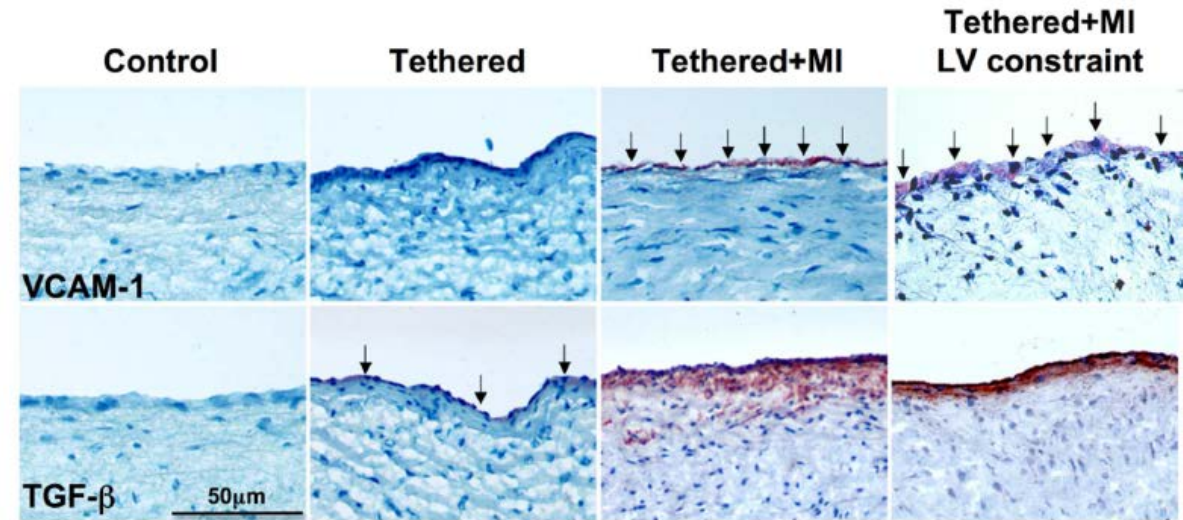
慢性動物実験

コントロール

乳頭筋を心尖方向に牽引: Tethered

Tethered + MI

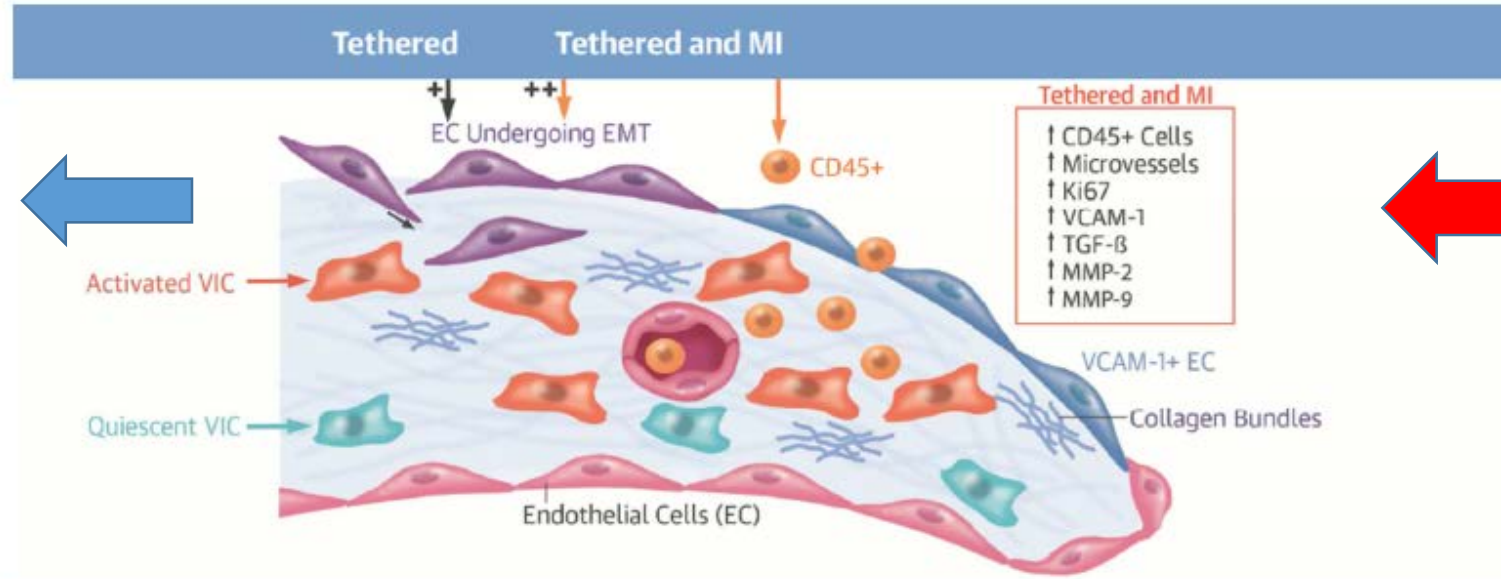
Tethered + MI + LV constraint



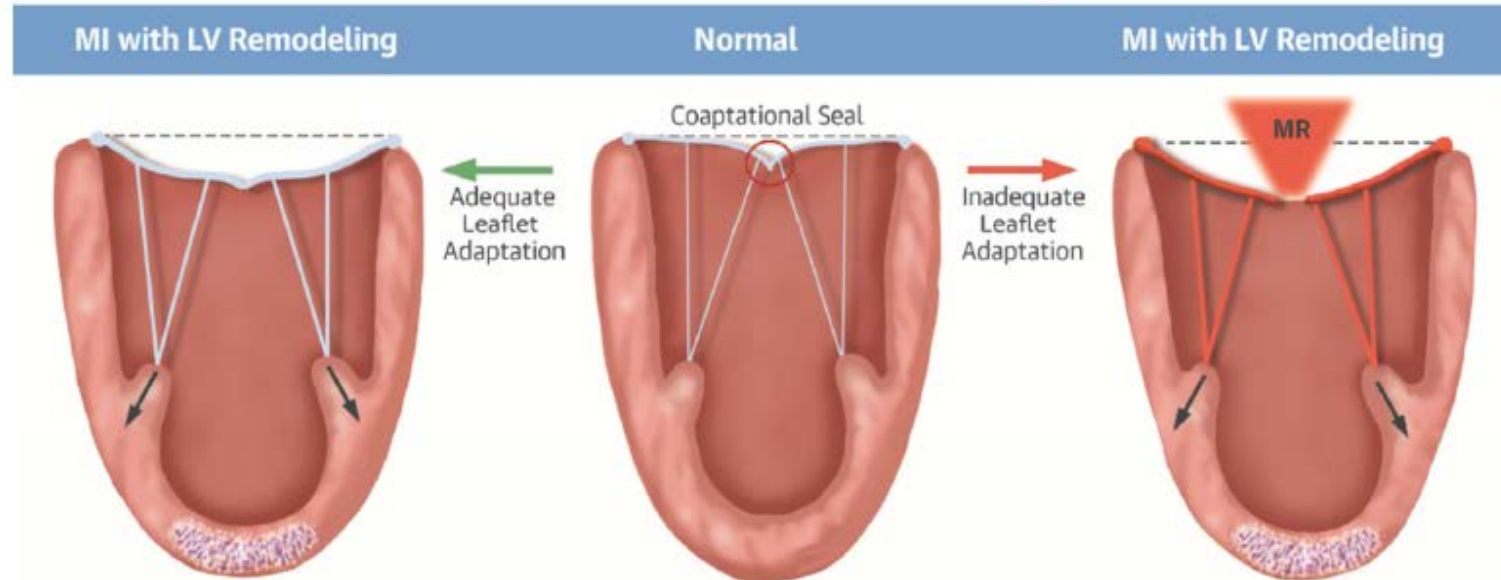
(Dal-Bianco JP and Levine RA, et al. JACC 2016)

虚血性MRの新しいメカニズム？：心筋梗塞に伴う炎症がLeaflet adaptive remodelingに影響する

MR 再発の原因？



内科的治療



虚血性 MR : 本日の話題

1. Moderate MR: CABG + MAP ?

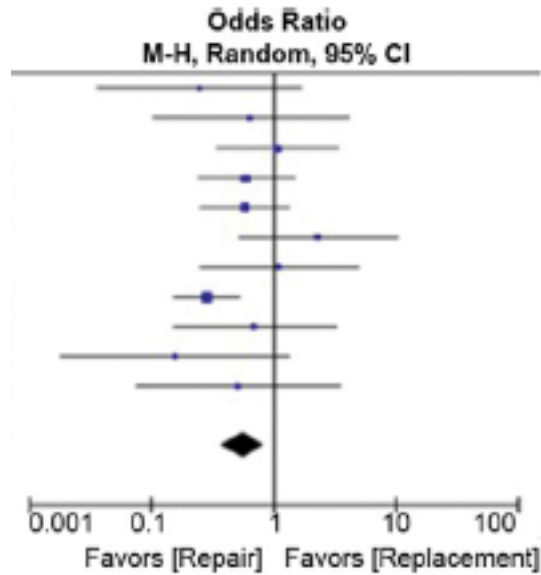
2. Severe MR: MAP or MVR

3. PMA (papillary muscle approximation) 有効 ?

4. MAP + 左室形成

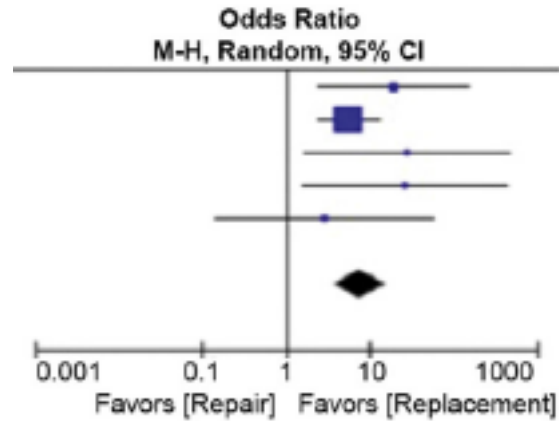
5. 重症例、重症化したらどうする ?

RMAP vs. MVR for ICM-MR: meta-analysis



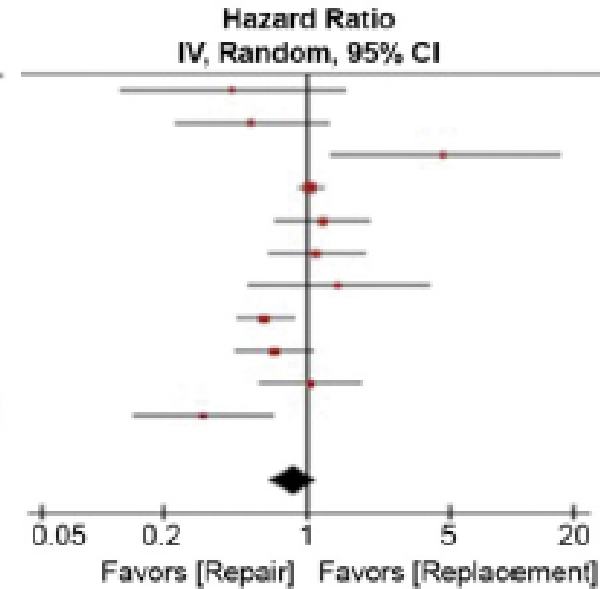
Early mortality

MV repair < MVR



MR 再発

MV repair > MVR



Late mortality

MV repair $\doteq$ MVR

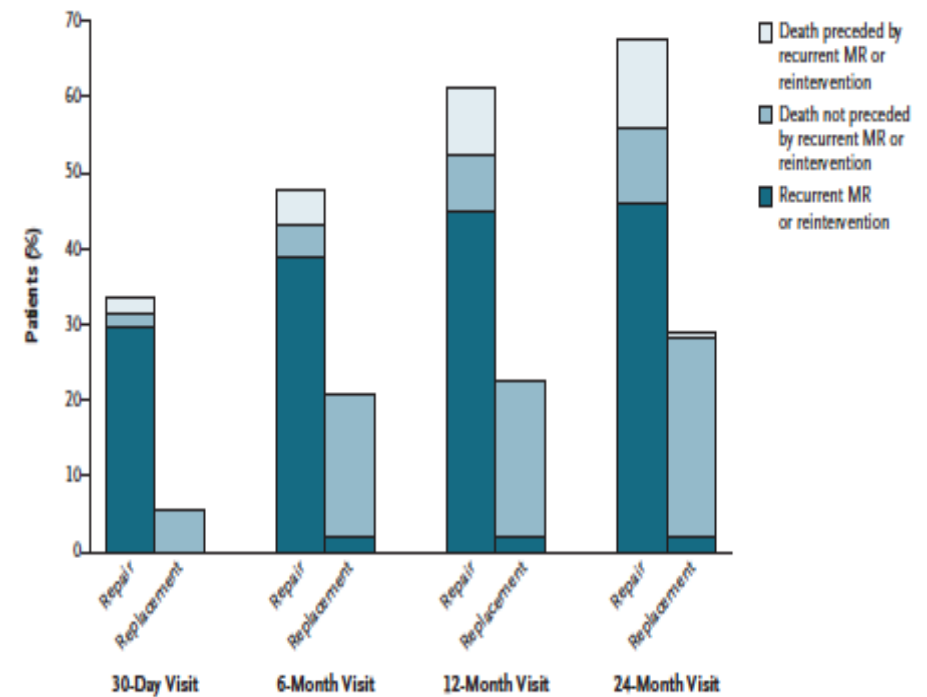
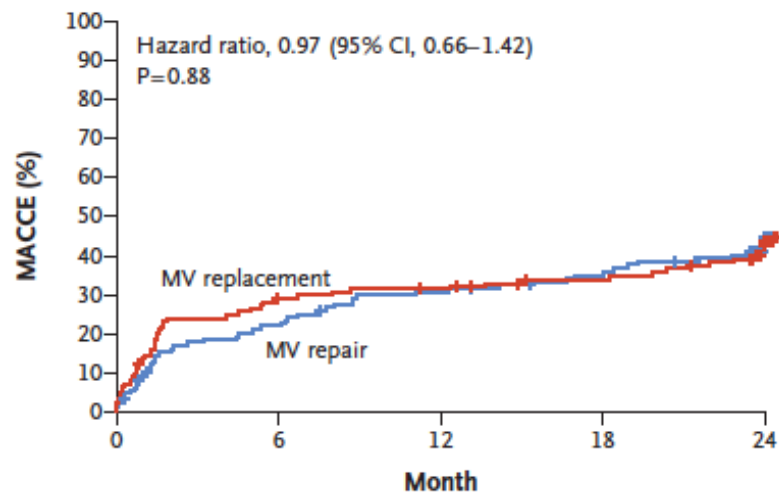
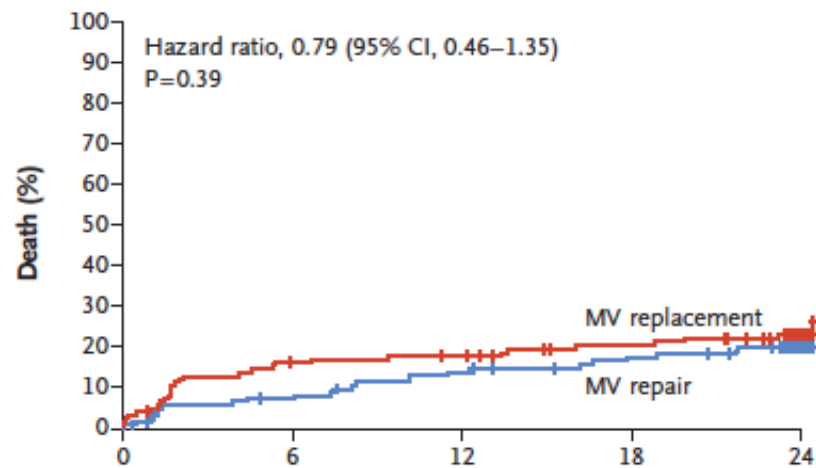
MVP, MVR
EF 27%, 27%
NS
EF 37%, 37%
EF 35%, 35%
EF 45%, 40%
EF 34%, 34%
EF 45%, 44%
EF 35%, 43%
EF <35%
EF 35%, 35%
NS

RMAP vs. MVR for ICM-MR : RCT

平均EF:40%

ICM-MR 患者 251人 → RCT: MV repair vs. replacement

No differences in MACE, survival, LVESVI @ 2 y



(Goldstein D, et al. NEJM 2016)

RMAP vs. MVR for ICM-MR: RCT

Change in LVESVI (ml/m²) : reverse remodeling

	MV replacement	MV repair	MV repair Recurrence (+)	MV repair Recurrence (-)
Baseline	65.7 ± 27.4	61.1 ± 26.2		
@ 1y	60.7 ± 31.5	54.6 ± 25.0	64.1 ± 23.9	47.3 ± 23.0

MR再発の無いRMAPはMVRより良い左室リバースリモデリングが期待できる。

RMAP vs. MVR for ICM-MR: RCT

平均EF:40%

ICM-MR 患者 251人 → RCT: MV repair vs. replacement



@ 2y after repair

Predictors

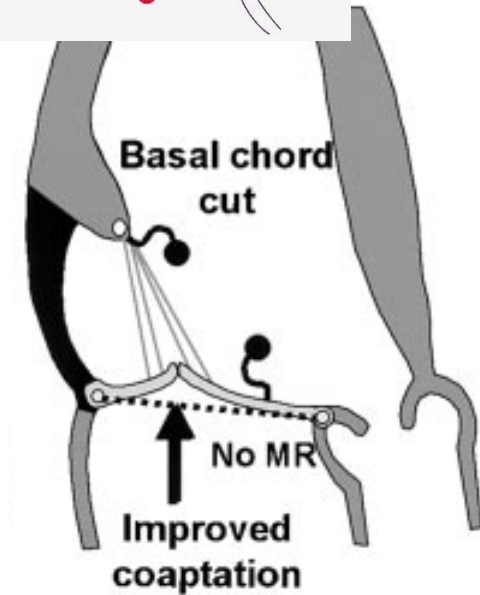
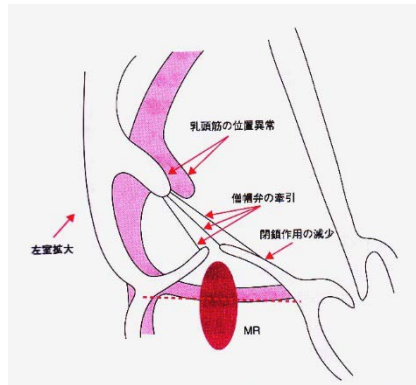
age, BMI, sex, race, ERO area,
Basal dyskinesia,
NYHA class,
Hx of CABG, PCI, VT

Alive with $MR \leq \text{mild}$	N=40 (34%)
Alive with $MR \geq \text{mod}$	N=53 (46%)
Dead with $MR \geq \text{mod}$	N=13 (11%)
Dead with $MR \leq \text{mild}$	N=10 (9%)

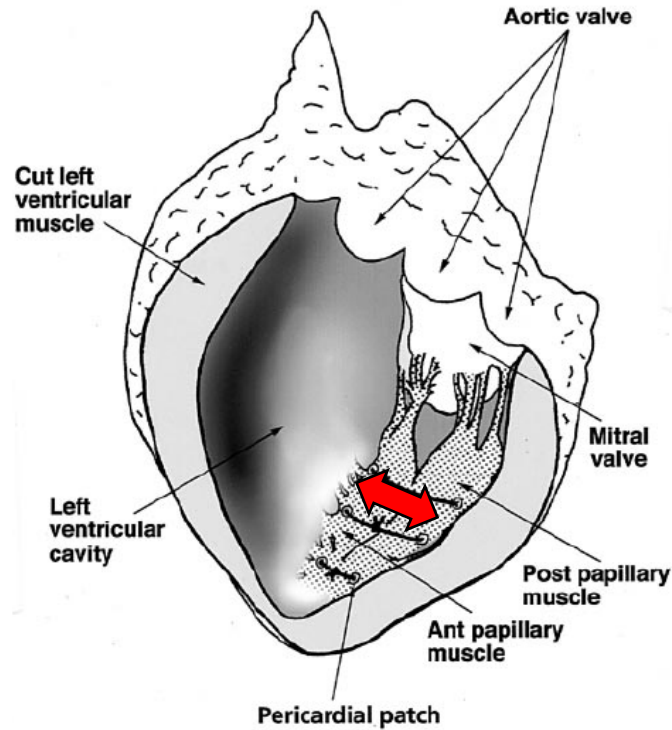
(Kron IL, et al. J Thorac Cardiovasc Surg 2015)

We have developed a model that holds promise for predicting which patients will develop recurrent IMR so that they can be better treated with MV replacement or more complex repair techniques that directly address leaflet tethering.

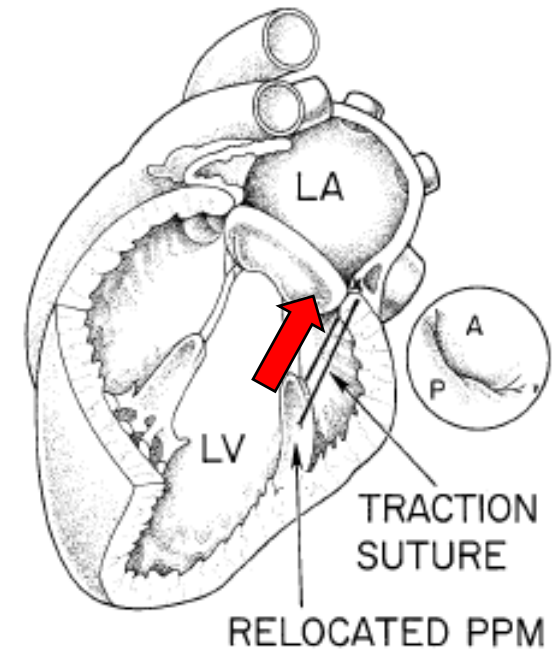
Secondary MRに対する僧帽弁弁下修復手術



Chordal cutting



Papillary muscle
Approximation
: PMA



Papillary muscle
Traction by Dr. Kron

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ICM-MRにPMAを追加する意義はあるか？

ICM-MR (n=96) → RCT: RMAP alone vs. RMAP+PMA

(Nappi F, et al. 2016 JACC)

Mod-severe ICM-MR, No inotropes, No IABP

EF: 36%, Dd: 62mm

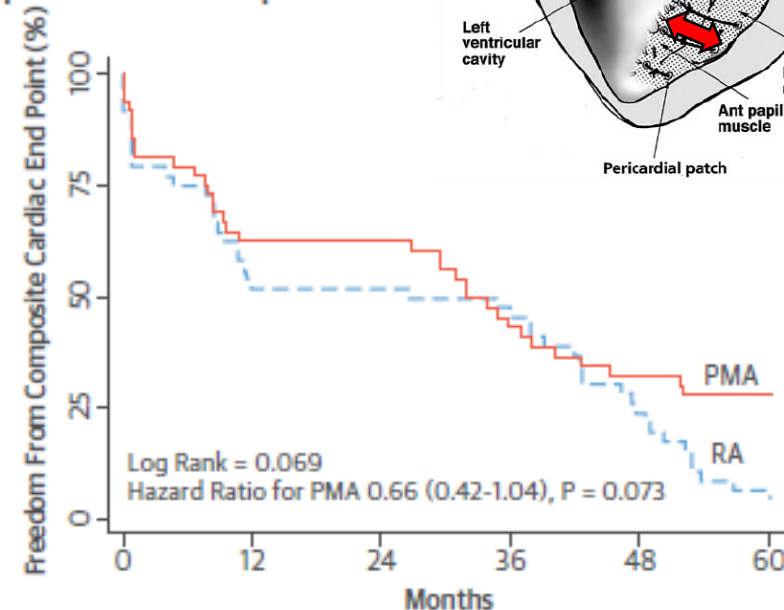
Complete revascularization with CABG

RMAP with complete ring 26-28mm ± PMA

: papillary muscle approximation: 乳頭筋接合

No differences
in survival, NYHA, QOL @ 5 y

B Composite cardiac end point

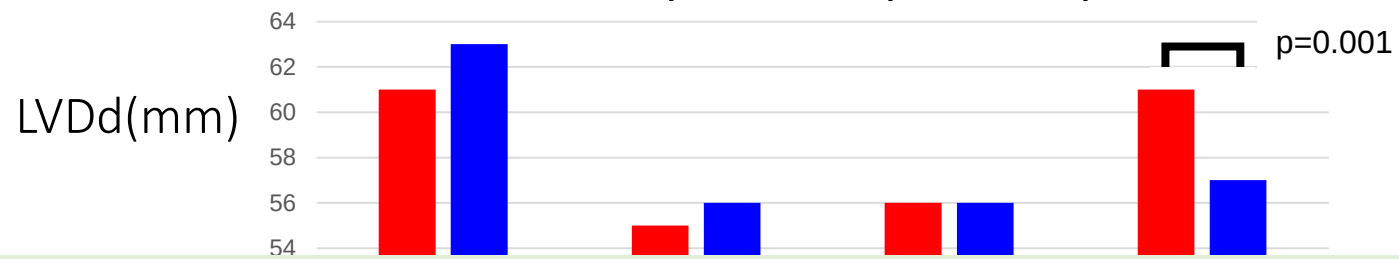
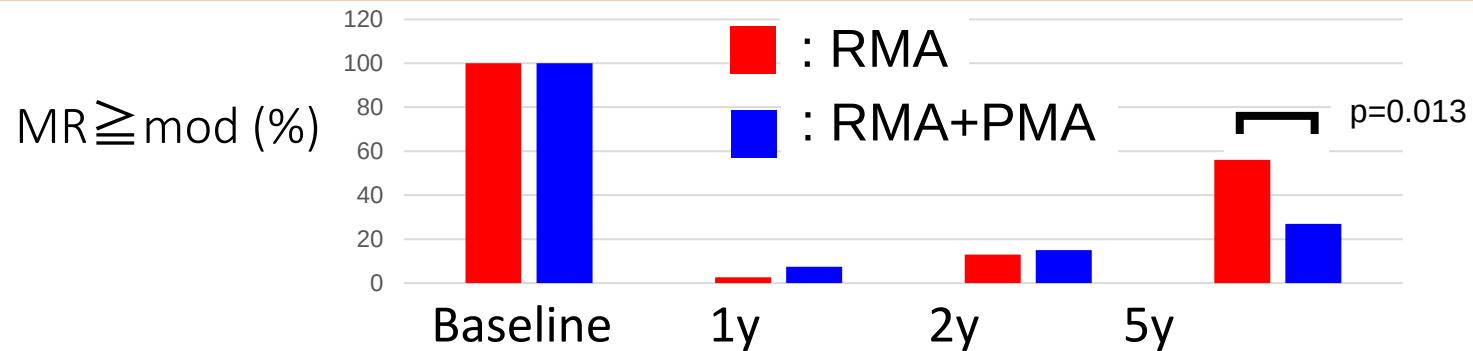


Composite cardiac end point

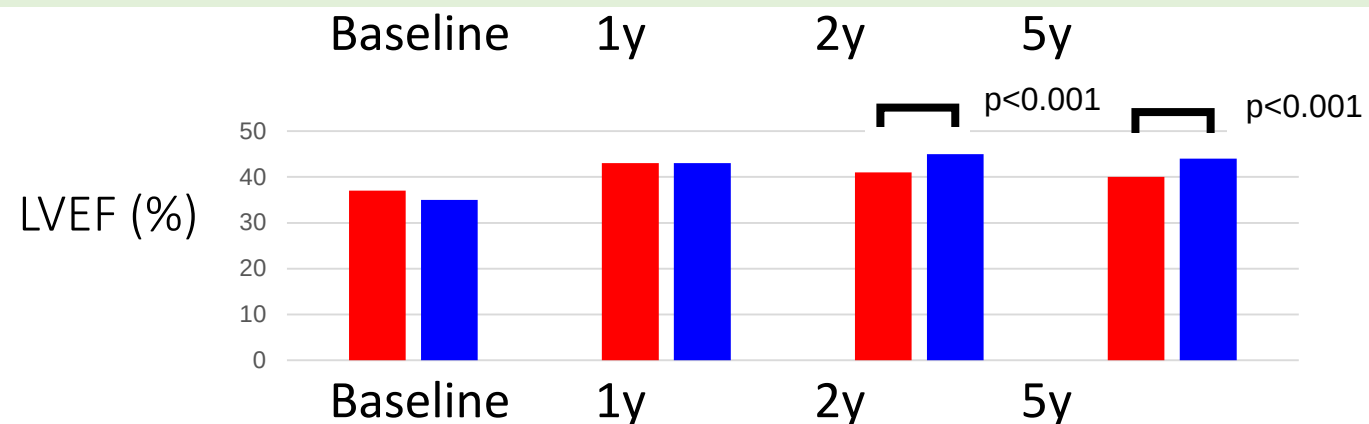
: cardiac death, strokes, re-MV surgery, re-hospitalization, and worsening of NYHA

ICM-MRに対する僧帽弁輪縫縮術(RMA) vs. RMA+乳頭筋接合術(PMA)の比較 (RMA: Restrictive Mitral Annuloplasty, PMA: Papillary Muscle Approximation)

PMA追加による左室形成効果によりreverse remodelingが起こり、MR再発を抑えることが出来たのでは??



PMA追加で2年でEF改善し、5年でMRの再発を抑えることができた

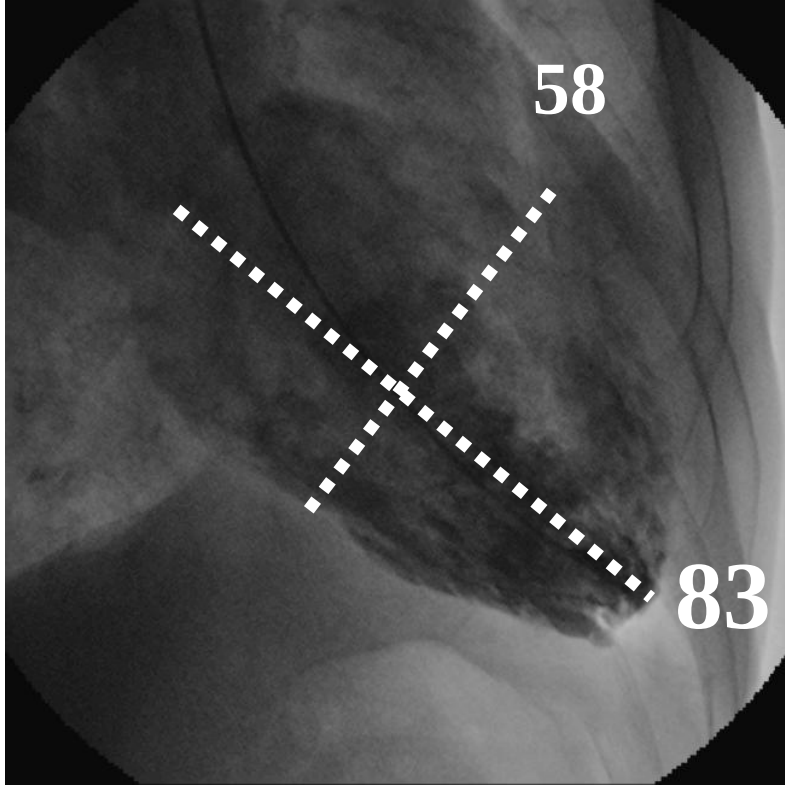


疑問: PMA効果が左室形成効果であるとすればPMA有効症例とは後壁梗塞症例ではないか?

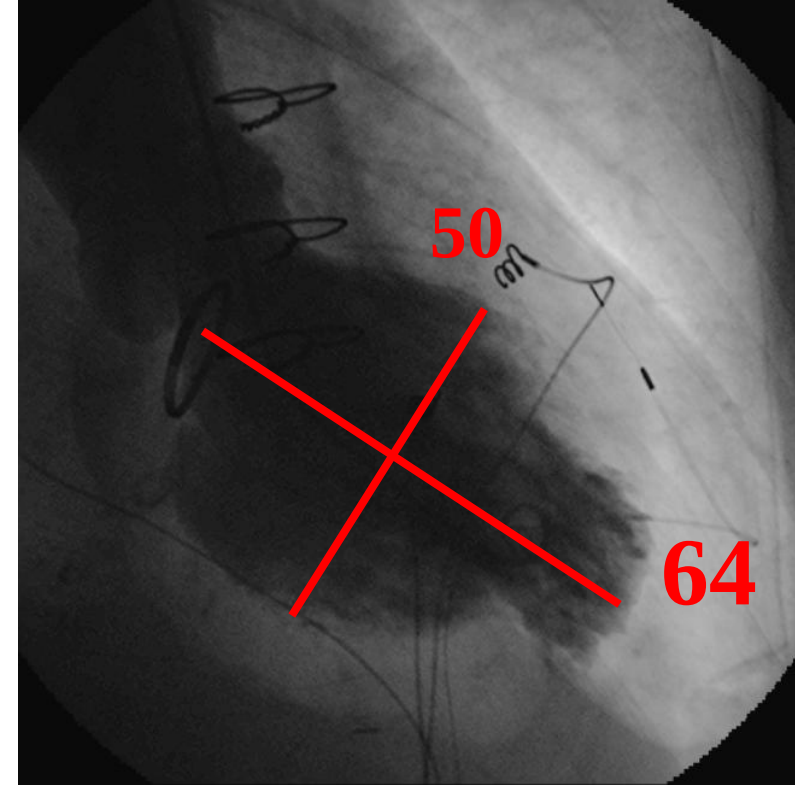
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Change in LV geometry after RMAP+SVR



Pre

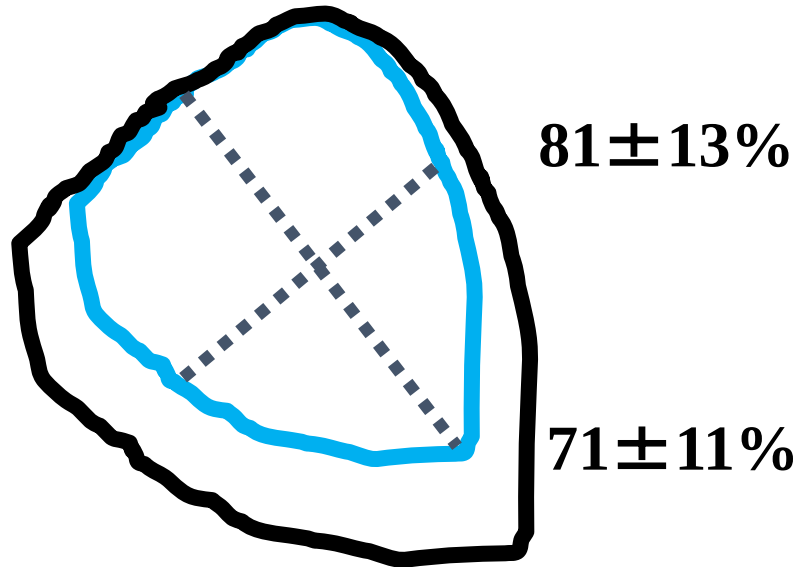


Post
RMAP+SVR with Fontan stitch

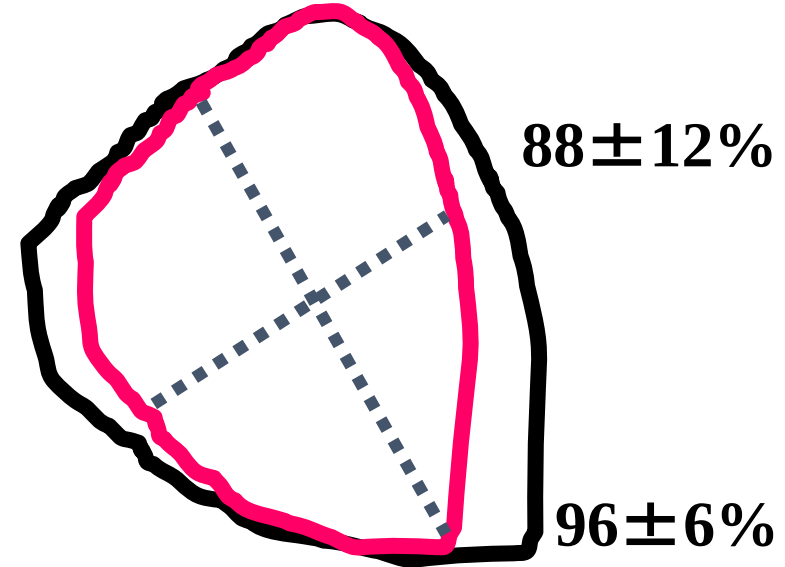
(Toda K, et al. ACC 2008)

Change in LV geometry: long axis and short axis

RMAP+SVR



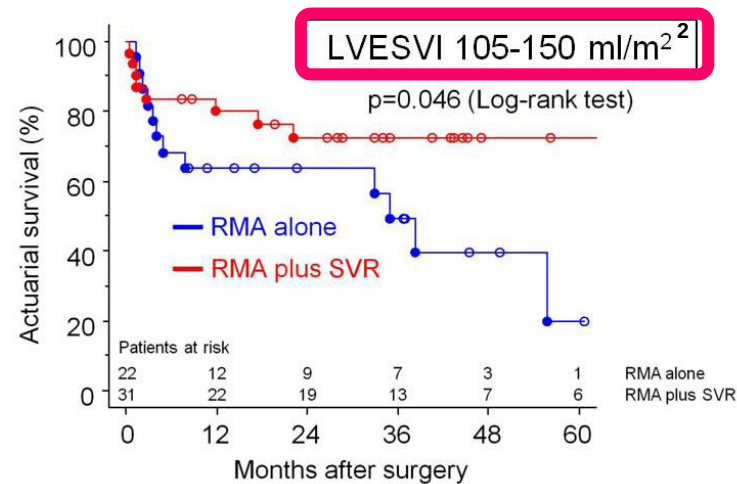
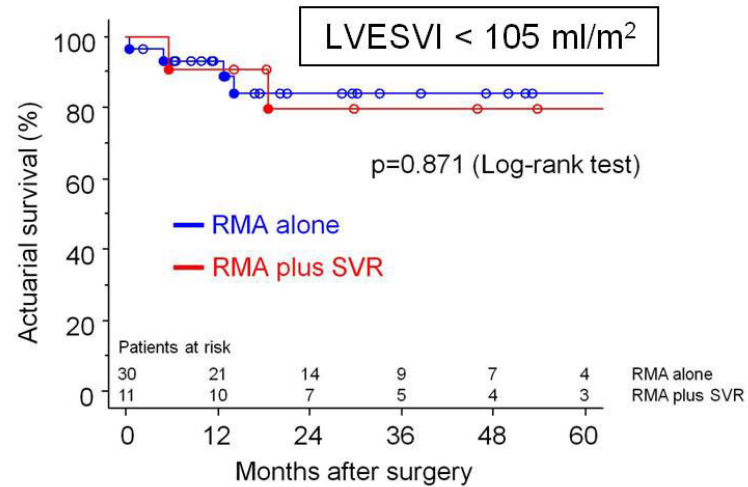
RMAP



左室形成は乳頭筋の心尖方向への移動を矯正する

% change in long axis	$71 \pm 11\%$	$96 \pm 6\%$	$p < 0.005$
% change in short axis	$81 \pm 13\%$	$88 \pm 12\%$	NS

ICM-MRに左室形成を追加すべき症例とは？



左室形成後の MR再発

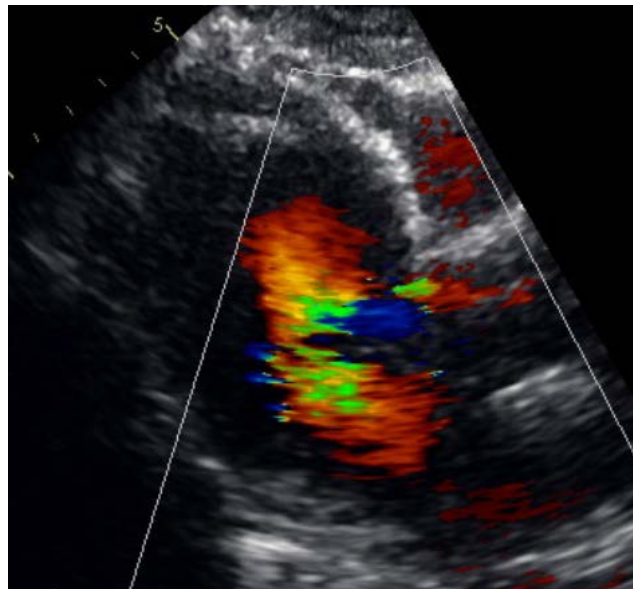
(Takeda K, et al. Circ J 2008)

Table 5 Echocardiographic Data From the Subset of Patients With Late Control (n=45)

	<i>Preoperative</i>	<i>Early postoperative</i>	<i>Late postoperative</i>	<i>p value*</i>
<i>LVDd (mm)</i>	64 ± 7.8	60 ± 7.4	62 ± 7.7	0.008
<i>LVDs (mm)</i>	53 ± 8.4	50 ± 8.3	50 ± 9.1	0.015
<i>LVEF (%)</i>	26 ± 8.1	38 ± 10	40 ± 11	<0.0001
<i>MR, mean</i>	2.0 ± 1.4	0.4 ± 0.9	1.1 ± 1.3	<0.0001

9 / 45 (20%): MR > mild

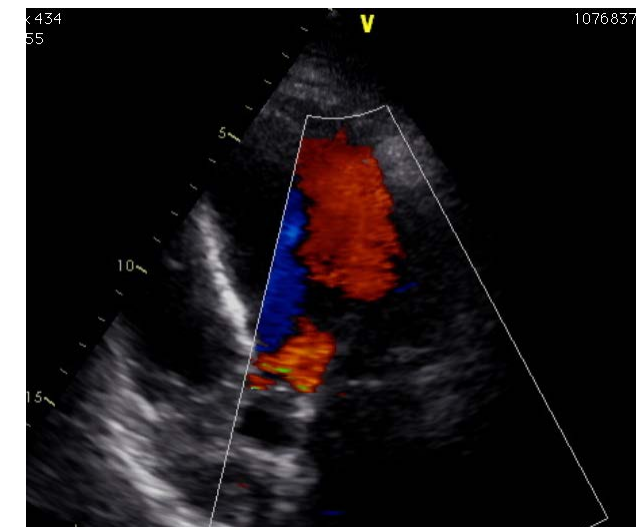
SVR+CABGx2 術後



Dd/Ds: 69/61mm, EF24%,
MR: not trace



術後6ヶ月



Dd/Ds: 69/60 mm, EF:32%,
MR: severe

症例 : Batista + MAP $\xrightarrow{5\text{年}}$ LVAD (HM II)

症例 49歳 男性

現病歴: 2008年2月 DCM-MRに対して他院でBatista手術+ MAP

2013年2月 心不全再発

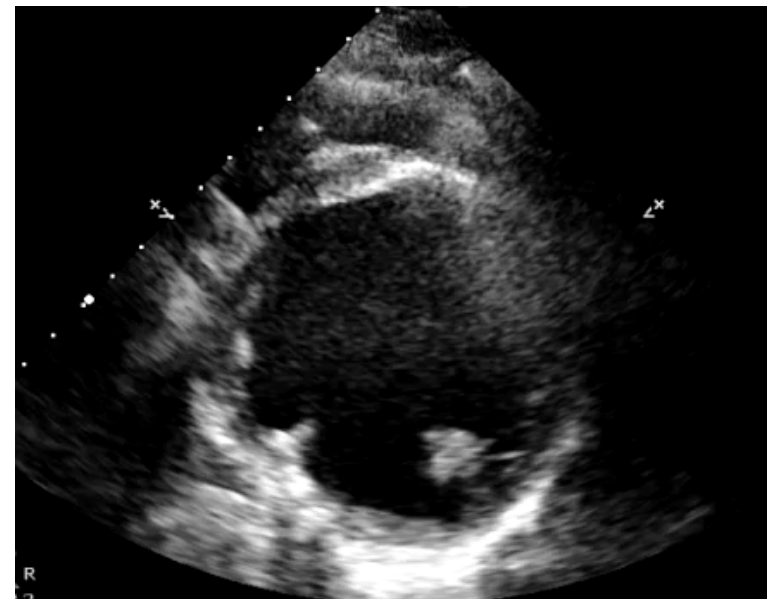
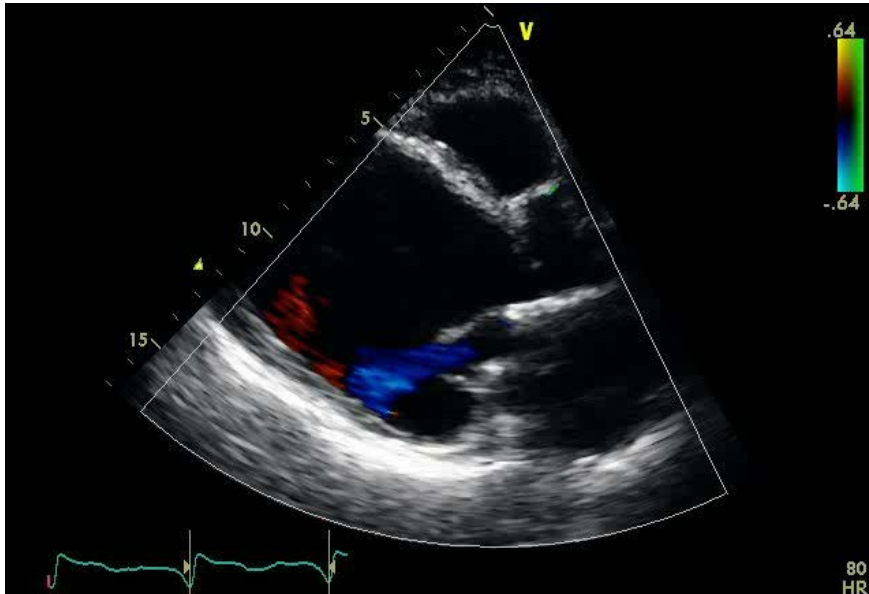
2013年11月 カテコラミン依存、心臓移植登録。

2013年11月 HM II-LVAD植込み

Batista 術後: MRは再発していないが縫い合わされたはずの乳頭筋間は開大している

Dd/Ds 72/68mm, EF 11%, MR(-)

乳頭筋間距離 38.5mm
中心角 76.6°



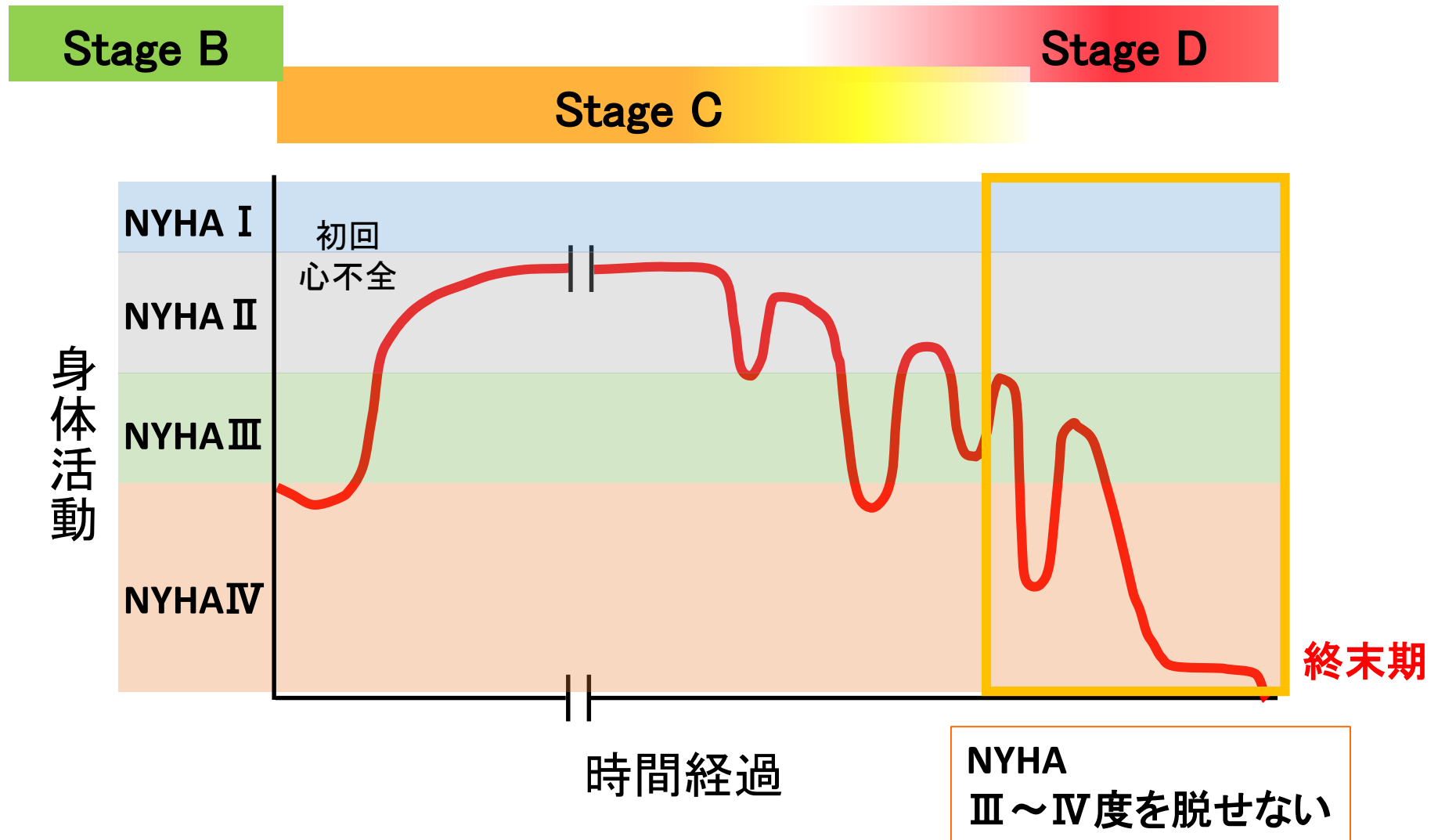
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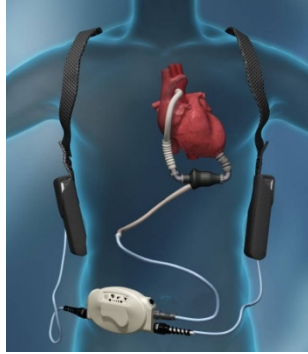
疾患重症度
: deep



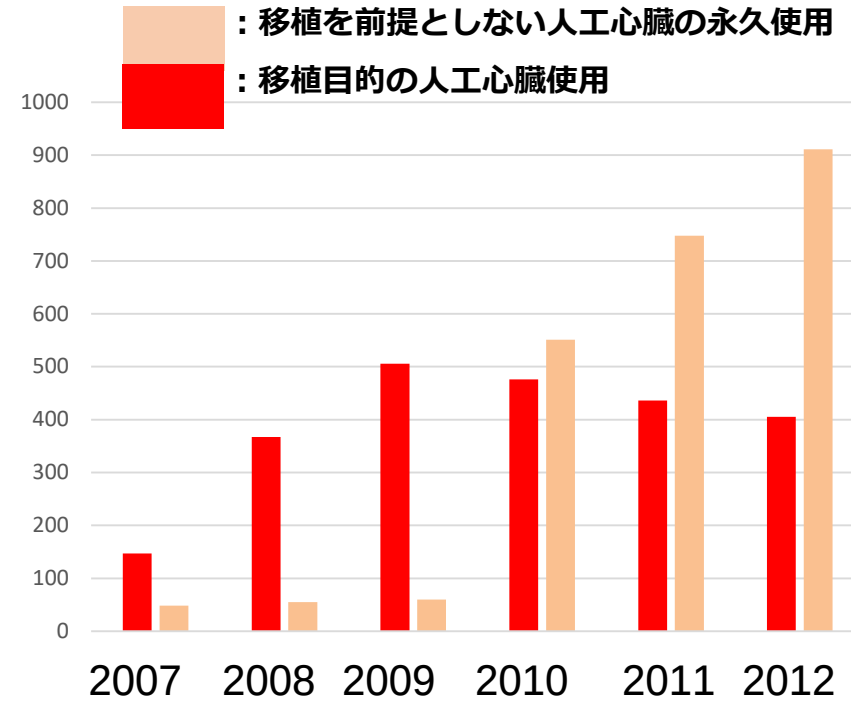
心不全の自然経過



米国では重症心不全に対するLVAD-destination therapy (DT) が急速に増加している



心不全治療としての植込み型補助人工心臓



米国での人工心臓植込み症例数

ICMに対する植込み型LVAD (DT) vs. CABG+僧帽弁手術 ：米国でのエビデンス

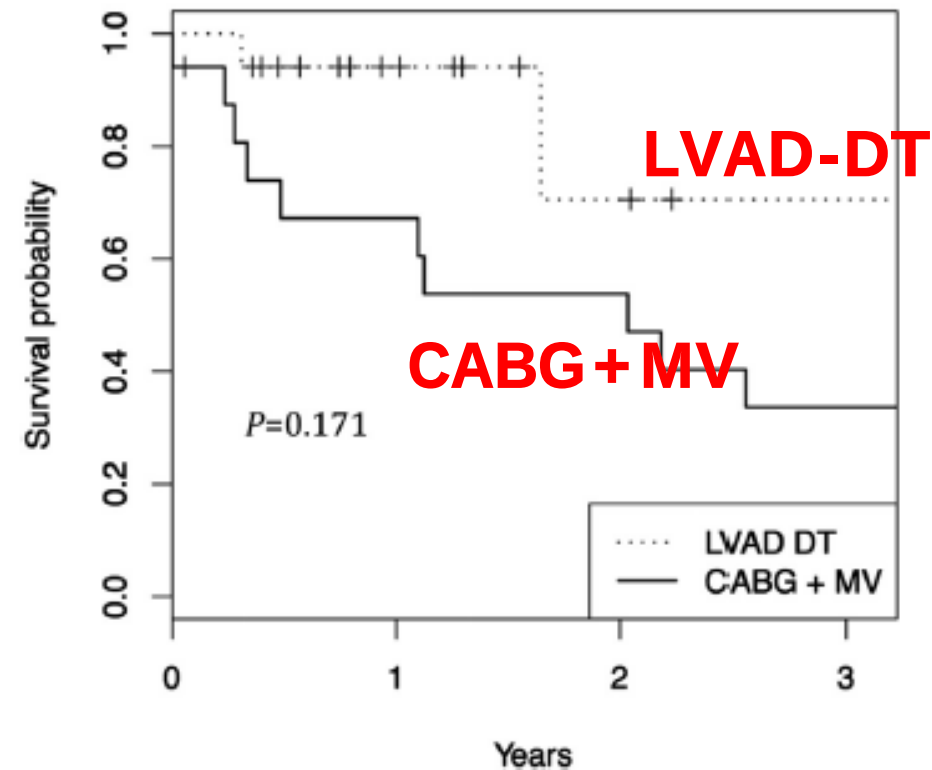
EF<25%のICM-MRに対するLVAD-DT vs. CABG+僧帽弁手術

Propensity matchさせると LVAD-DTの予後良好

TABLE 1. Patient characteristics

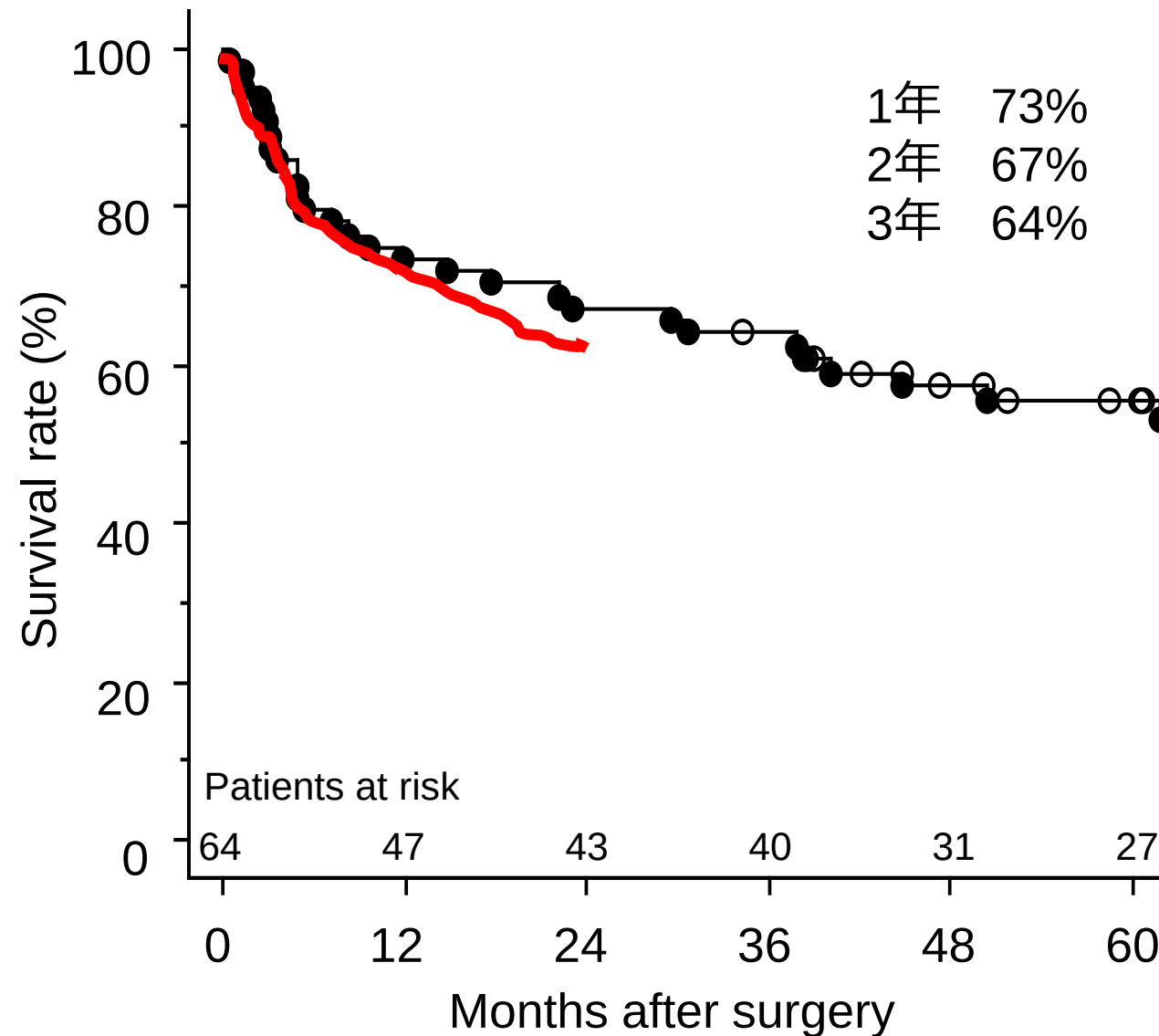
	CS n = 55 (%)	LVAD as DT n = 33 (%)	P value
Age (y)*	70 (67-75)	71 (67-73)	.68
Gender (female)	13 (24)	5 (15)	.42
LVEF (%)*	20 (16-23)	20 (15-25)	.47
Diabetes	19 (35)	6 (18)	.14
Preoperative renal failure	8 (15)	23 (70)	<.001
Preoperative inotropes	8 (15)	19 (58)	<.001
Preoperative IABP	7 (13)	26 (79)	<.001
Redo sternotomy	11 (20)	8 (24)	.79
INTERMACS I or II	n/a	4 (12)	n/a
Lietz-Miller score (mean ± SD)	n/a	9.3 ± 0.7	n/a
Kormos score (mean ± SD)	n/a	1.7 ± 0.2	n/a
Matthews score (mean ± SD)	n/a	1.0 ± 0.2	n/a

CS, Conventional surgery; DT, destination therapy; IABP, intra-aortic balloon pump; INTERMACS, Interagency Registry for Mechanically Assisted Circulatory Support; LVAD, left ventricular assist device; LVEF, left ventricular ejection fraction; n/a, not available; SD, standard deviation. *Age and LVEF are presented using median with interquartile range for better representation.



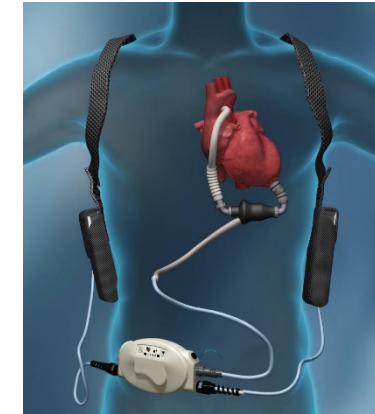
(Maltais S, et al. JTCVS, 2013)

RMAP for pts with EF<25%, NYHA IIIb/IV (Osaka Univ. experiences)



LVAD-DT

1年 73%
2年 63%

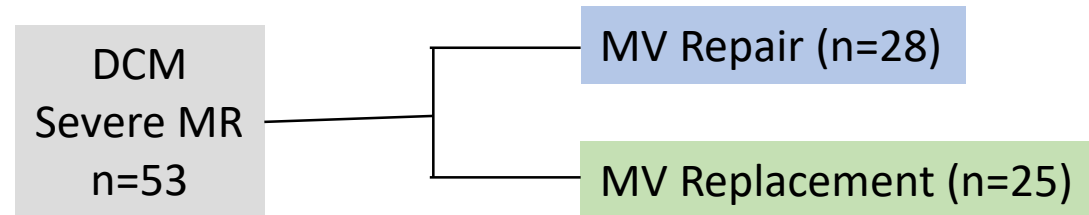


イベント（全死亡+心不全再入院）の予後規定因子

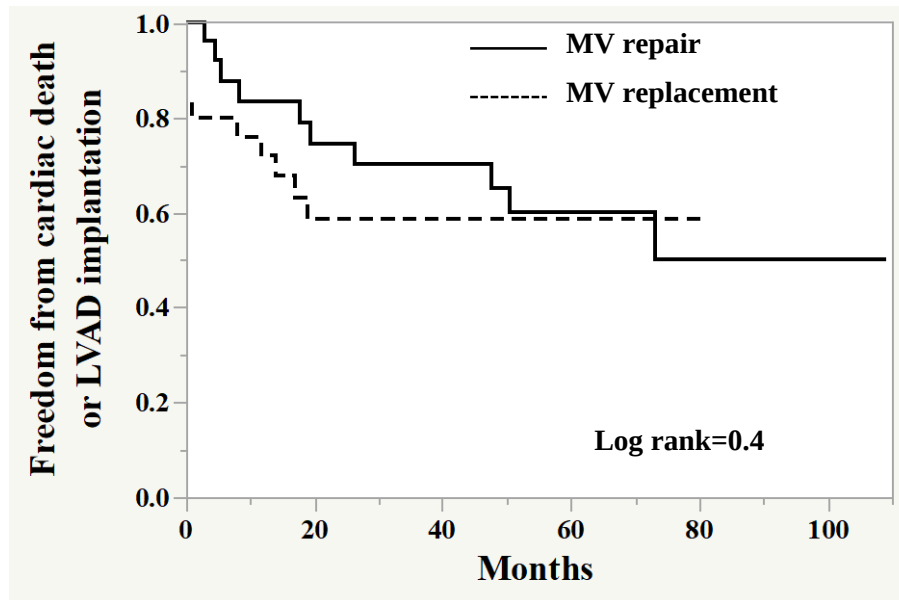
Preoperative and surgical data associating with adverse events

Variables	Univariate	Multivariate	
	p value	p value	hazard ratio (95% CI)
Clinical variables (n=64)			
Age (years)	0.143		
Male	0.258		
Ischemic etiology	0.919		
INTERMACS ≤ 2	0.0003	0.263	
Hypertension	0.937		
Hyperlipidemia	0.278		
Diabetes	0.853		
CRF (eGFR <30 mL/min/1.73m ²)			
Not on hemodialysis	0.004	0.033	2.1 (1.1-4.0)
On hemodialysis	0.623	0.681	
Previous VT/VF	0.002	0.074	
Echocardiographic data (n=64)			
LVEDD (mm)	0.258		
LVEF (%)	0.198		
Systolic PAP (mmHg)	0.005		
Systolic PAP 0-39 mmHg	1.000		
Systolic PAP 40-59 mmHg	0.081	0.158	
Systolic PAP >60 mmHg	0.002	0.007	3.5 (1.4-8.7)
Postoperative data (n=64)			
MR equal to or greater than mild	0.980		
MR equal to or greater than moderate	0.178		

Severe MR in DCMに対する外科治療



MV repair vs MV replacement



Patients at risk

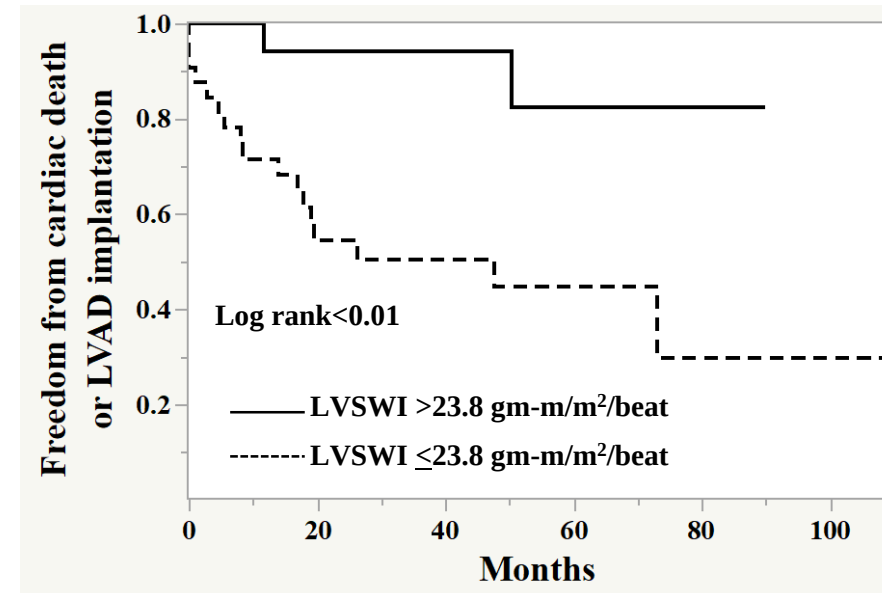
MV repair:

28 20 18 16 14 12 7

MV replacement:

25 18 12 7 5 3 2

MV Surgery



Patients at risk

LVSWI >23.8 gm-m/m²/beat:

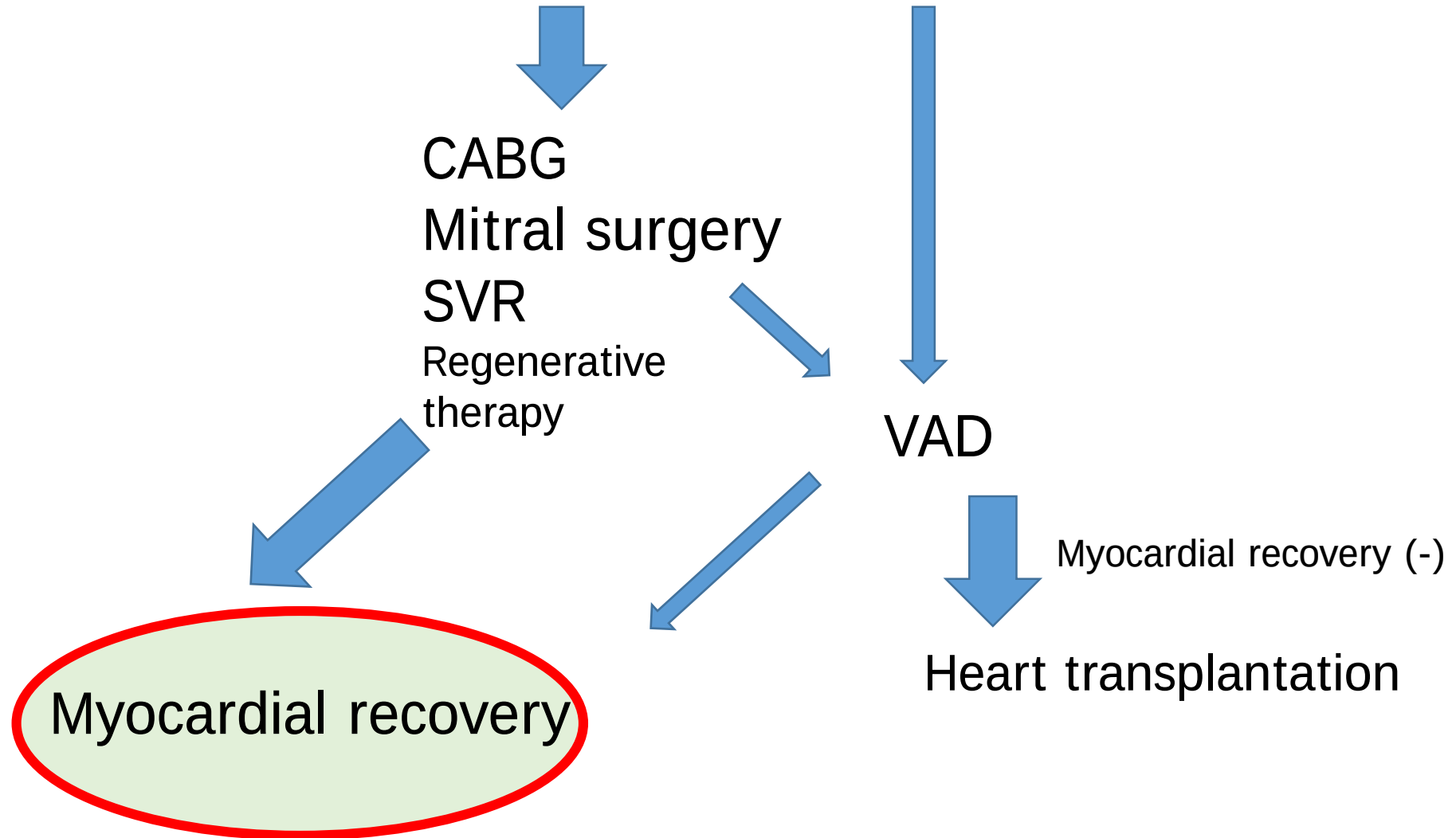
21 16 15 10 10 8 5 2

LVSWI ≤23.8 gm-m/m²/beat:

32 22 15 13 9 7 4 2

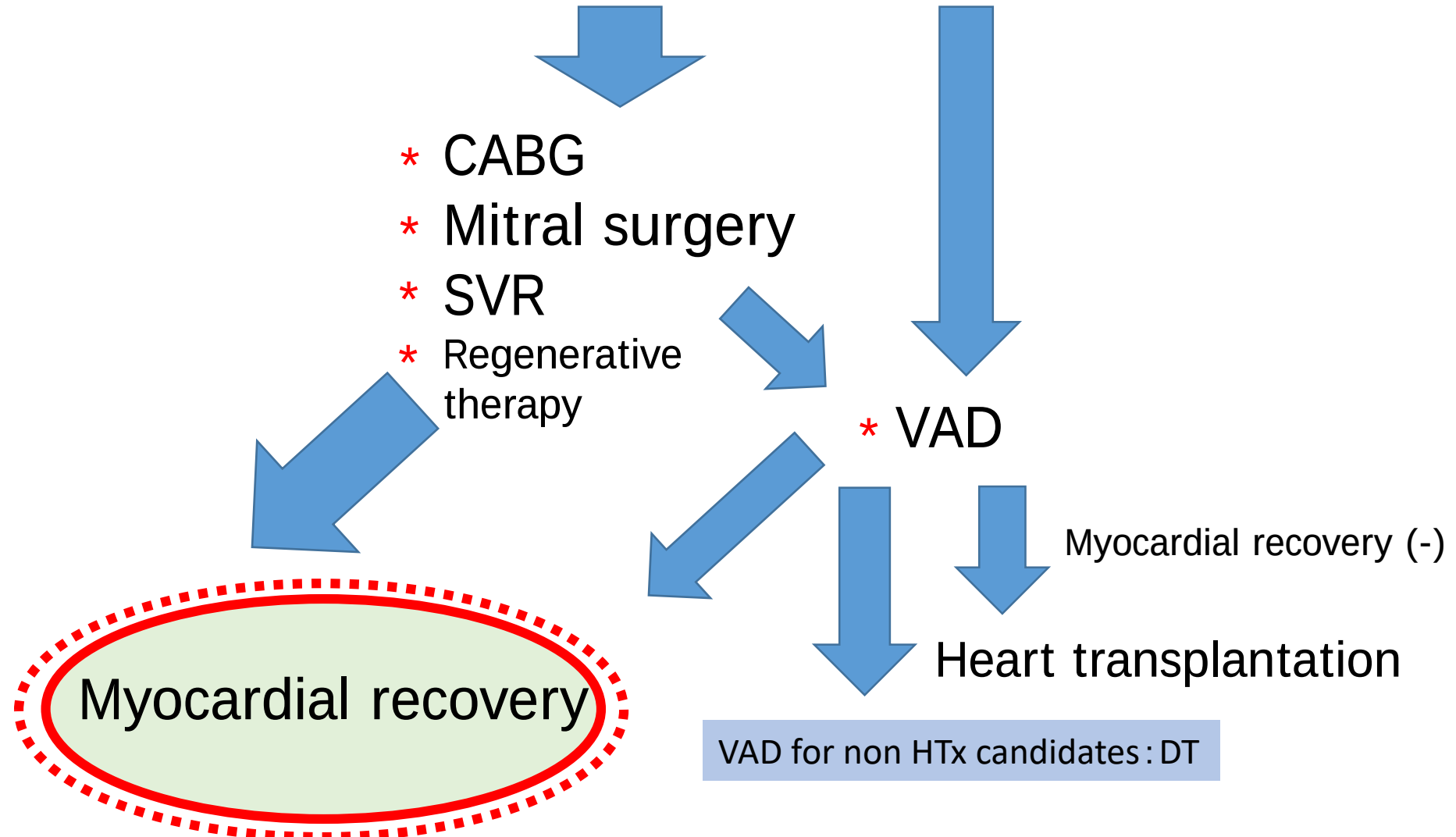
Strategy for ICM-MR

Optimized medical treatment



Strategy for ICM-MR

Optimized medical treatment



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